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# Good To Be Grand: Making The Most Of Your Grandchild's First Year



## Synopsis

Becoming a grandparent is a major milestone, raising new questions, challenges, and opportunities. Prepare for this transformative stage of life—and make the baby's first year one of the most meaningful experiences for both of you. *Good to Be Grand* is the ultimate roadmap for today's grandparent, combining the latest information about infant care—from medical developments to equipment innovations to parenting practices—with honest, down-to-earth advice and anecdotes about grandparents' special role. Journalist and new grandmother Cheryl Harbour gets right to the point of what modern grandparents really need to know from the time they begin anticipating the birth to the end of the first year. Harbour takes the best and most relevant information from the latest research, expert interviews, and thick parenting books and tailors it specifically for grandparents, recognizing the unique bond they share with their children's children. Each chapter provides interesting facts and observations about what has remained the same and what has changed about childcare over the years, what you can do to support the physical and emotional well-being of your grandchild and, most important, what you can do to make the most of the experience. With a foreword by Hillary Rodham Clinton, including her personal reflections on the birth of her first grandchild, *Good to Be Grand* is for smart and sophisticated grandparents eager to embark on their grandparenting journeys with enthusiasm, knowledge, and confidence.

## Book Information

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## Customer Reviews

• You can make sure your grandchild knows, without a shred or a pinprick or a speckle or a freckle of a doubt, that you are one (more) person who loves him or her completely, • Cheryl Harbour concludes in her book, *Good to Be Grand: Making the Most of Your Grandchild's First Year*. ~ What ~ This one-hundred-twenty-eight-page hardbound targets grandparents or grandparents-to-be regarding the first year of their grandchild's life. With a foreword by Hillary Rodham Clinton and an introduction, six chapters cover the topic, ending with a conclusion, acknowledgments, and the author's biography. Several photographs, charts, and drawings are spread throughout the pages with green highlighted sections containing tips, guidelines, sources, definitions, additional resources, and milestones. In this short book focusing on pre-birth to the first year of life, it discusses the anticipation, arrival, adjustments, advances, action, and advice based on the twelve month period. Each chapter reminds the grandparent how it used to be done, what still works, and new ideas in child-rearing. Also including poems and quotes, it reminds the readers to make being a grandparent grand. ~ Why ~ With one three-year-old granddaughter and two more grandchildren to be born this year, my husband and I have been brushing up on our grandparenting skills even though we live out of state from both our sons and their wives. I like that this book offers what worked thirty to fifty years or more ago still is in use and what newfound ways, concepts, and products exist today. Still used are the APGAR scoring, nursing the first four to six months, and the • crying it out • theory.

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